



## **Giving Back: Project Hummingbird**

Project Hummingbird is going to help fill the Lurie Children's Hospital NICU with wonder, inspiration and hope. Parents/children are invited to color a hummingbird for display on the outside of curtains, on the window of the pods, or on the family lounge windows. It's a way to help the parents and babies feel supported when all other family members need to stay at home. Hopefully we can get this unit filled with coloring pages to brighten everyone's spirits. Anyone who wants to participate can find their own pages online, or draw/paint a hummingbird for us. Although we have to social distance ourselves, we can still build a supportive community together.

Why hummingbirds?

Legends say that hummingbirds open eyes to the wonder of the world and inspire us to open our hearts to loved ones and friends. Like a hummingbird, we can aspire to hover and savor each moment as it passes, embrace all that life has to offer and to celebrate the joy of every day.

<https://i.pinimg.com/originals/51/af/d4/51afd43dae929d15d193f322bcfd3fb7.jpg>

[http://www.supercoloring.com/sites/default/files/styles/coloring\\_full/public/cif/2018/09/calliope-hummingbird-coloring-page.png](http://www.supercoloring.com/sites/default/files/styles/coloring_full/public/cif/2018/09/calliope-hummingbird-coloring-page.png)

**Mail finished artwork to:**

Danielle Fleckenstein, BS, CCLS, Child Life Specialist, NICU

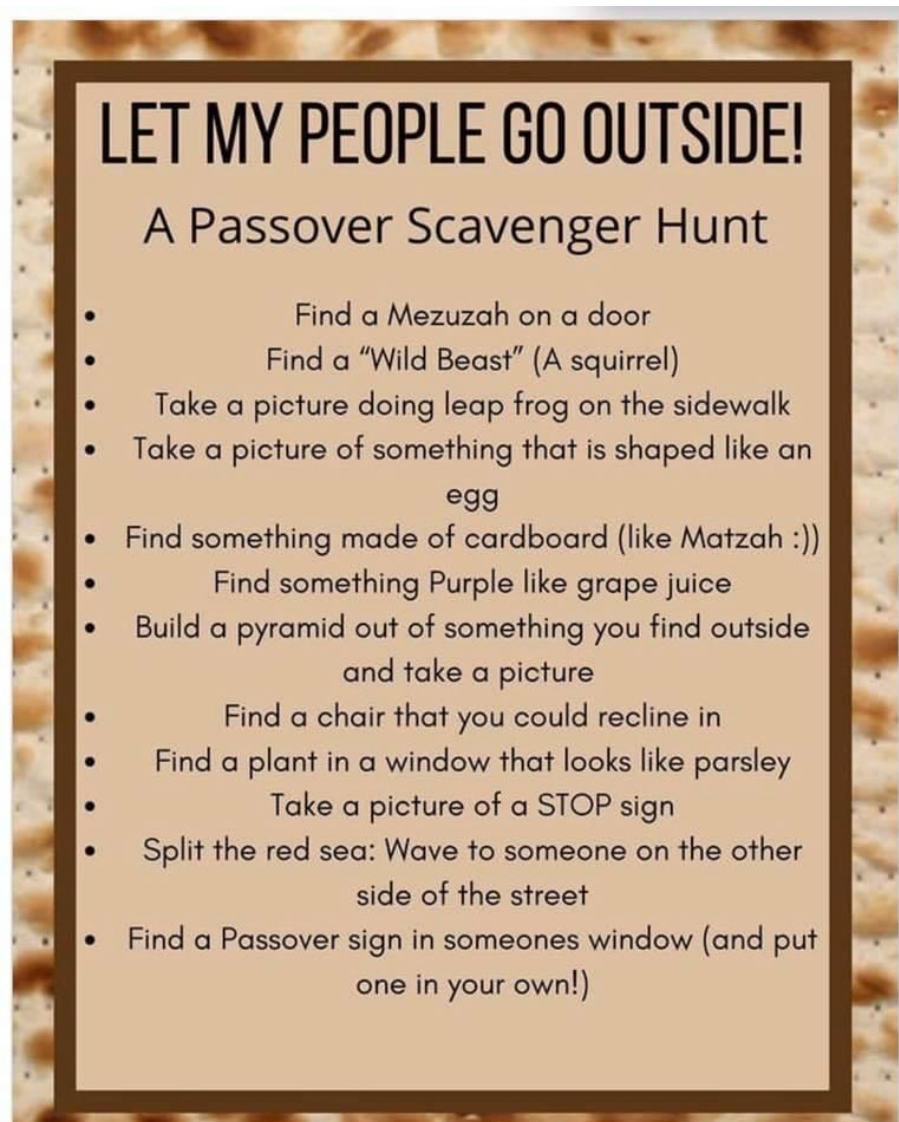
Northwestern Medicine, 250 E Superior Street, Suite 10-2202A, Chicago, IL 60611

## Origami Frogs: Make these frogs for your Seder table or just for fun!

Click [this link](#) for a step-by-step tutorial on how to make origami frogs!

## Passover Scavenger Hunt

Get outside (at a safe distance from others) and see if you can find all the things on this Passover Scavenger Hunt!



## Fidget Spinner P.E. Activity

It is important to stay active! Print out the Fidget Spinner Boards and use your own fidget spinner to see which activity you will do. Challenge yourself to increase your reps each time.

